

How?

Age appropriate Relationships & Sexuality Education will be introduced to pupils as part of the:

- Foundation Phase
- Personal and Social Education (PSE) Framework
- Science National Curriculum
- Religious Education National Curriculum

And by using a combination of the following:

- Circle time activities.
- 'Growing up', SENSE and NSPCC PANTS resources.
- Story books.
- Curriculum subjects e.g. Science, Religious Education.
- Personal and Social Education programmes.
- Informally as opportunities arise in the classroom.

A **Class Agreement** will be created before any Relationships and Sexuality Education is delivered and this forms the ground rules for the lesson/s.

A **Question Box** will also be available for pupils in each classroom should they have any unanswered questions or require support.

Open Door Policy

Templeton School has an open-door policy and there will be opportunities to view and discuss resources used in the delivery of the Relationships and Sexuality programme during the school year.

The Relationships and Sexuality Education Policy and Child Protection Policy are available to view on request from the school reception / website.

Should any parents/carers wish to discuss aspects of the programme with a member of staff, please contact the school.



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Relationships and Sexuality Education



Tyfu i Fyny
Growing Up

Information for Parents/Carers

The purpose of this leaflet is to outline Templeton School's programme for delivering Relationships and Sexuality Education.

Our school is participating in the Pembrokeshire Healthy Schools Scheme and as part of the work, we will be covering Personal Development and Relationships.

What is it?

The Welsh Government recommends that all primary schools have a graduated, age-appropriate Relationships and Sexuality Education programme emphasising the social and emotional aspects of relationships.

Educating about Healthy Relationships helps pupils to move with confidence from childhood through adolescence into adulthood.

What will be taught?

Templeton School has adopted an age-appropriate programme for pupils based on national and local guidance. Pupils have been involved in the development of the programme to ensure we are meeting the needs of our learners. The Relationships and Sexuality Education Policy and Child Protection Policy ensure effective arrangements are in place to safeguard and promote the welfare of all pupils.

Education about relationships for all pupils will focus on the building of self-esteem by encouraging pupils to:

- Value themselves
- Recognise and communicate their feelings
- Form friendships and healthy relationships.

Pupils in the Foundation Phase will learn to:

- Differentiate between appropriate and inappropriate touching
- Use the biological/correct words to name parts of the body in order to differentiate between male and female. Informal/family names will not be used. The biological terms used will include: penis, testicles, breasts and vagina.

Pupils in Year 3 & 4 will learn to:

- Understand the importance of their personal safety.
- Understand what to do or who to go to when feeling unsafe.
- Take increasing responsibility for keeping the mind and body safe and healthy.

- Value families and friends as a source of mutual support.
- Develop respect for themselves and others.
- Understand how cultural and religious beliefs can affect the way people think.
- Respect differences and acknowledge the importance of equal opportunities.



Pupils in years 5 and 6 will learn:

- The reasons for the physical and emotional changes that take place at puberty, including conception, pregnancy and birth
- The range of their own and others' feelings and emotions
- The importance of personal safety and what to do or to whom to go when feeling unsafe.